

NSDP Round 21 Information Sheet

Important Updates

1. **When will Round 21 open and close?**

Opens Monday 19 October and closes Friday 27 November 2020

2. **Are there any changes to R21 Guidelines? Yes**

- i. Round 21 will specifically prioritise applications requesting events, Shed improvements and equipment with a **strong health, wellbeing or safety emphasis**, in acknowledgement of the impact of COVID-19 and the needs of Sheds in the recovery period (and beyond).

ii. **Category One- Health and wellbeing and events - \$8000 maximum**

In light of COVID-19, **computer and IT equipment/ computer and IT training** will be prioritised- to support and facilitate shed-based connectivity, address member welfare, online interaction and participation in online events.

Applications for associated expenses such as **ongoing** telephone and Internet costs remain **ineligible**.

Support for events can still be applied for under Round 21, noting that Sheds will need to show how the proposed event can be undertaken appropriately and safely in line with local restrictions and in an environment where COVID-19 considerations remain paramount

Visits to other Sheds, field trips, bus outings for members-Applications for social bus/field trips would not be supported but visits to other Sheds could be supported where they **demonstrate attending and meeting the criteria for a 'Health and Wellbeing' event**

Reinstatement of Automated External Defibrillators (*where the Shed does not currently have a working defibrillator or where they have a defibrillator that is more than 6 years old*) and **defibrillator training**

iii. **Category 2-Shed Improvements - \$8,000 maximum**

Dust extraction systems, air filters - upgrades to improve the health and safety of the Shed environment- are eligible items in Category 2, **not Category 3**

iv. **Category 3-Tools & Equipment - \$5,000 maximum**

Tools and equipment applied for under this category are to be regularly used to **support everyday Shed activities and/or Shed fundraising/community support work**

Examples- Mowers, whipper snipper, trailers (excluding ongoing costs) - Applications may be submitted for these items **but you must be able to substantiate that they are to be used to support regular Shed activities/fundraising/community work**

3. What Men's Shed applications will be given priority in Round 21?

Round 21 will specifically prioritise applications

- Evidencing a **strong health/wellbeing/safety intent** in acknowledgement of the heightened importance of these factors during the period of COVID-19 recovery
- In light of COVID-19, **computer/IT equipment and training** to facilitate connectivity
- Men's Sheds that provide services **in areas of greatest need, in particular to individuals and/or communities experiencing levels of disadvantage**
- Applicants who **have not received previous NSDP funding and can demonstrate need and engagement with the Priority Groups**, noting:
 - Applicants who have previously received funding are still eligible to apply
 - Applicants will be required to list all prior funding received and this will form part of the considerations by the Evaluation Panel.

4. What is meant by a 'strong health, wellbeing or safety emphasis'?

The impact of COVID-19 and the needs of Sheds in the recovery period (and beyond) have been significant. In response, **the NSDP will prioritise requests that address health, wellbeing and safety.**

For example:

- Computer and IT equipment/training**-support, facilitate and improve shed-based connectivity, address member wellbeing such distribution of newsletters via email, online interaction such as Zoom meetings, participation in online events/training such as webinars
- Health seminars or regional events** that can be undertaken appropriately and safely in line with local restrictions and in an environment where COVID-19 considerations remain paramount, for example, social distancing
- Fitness and wellbeing programmes**
- Training programmes** such as mental health and wellbeing, health and safety, safe use of equipment
- Upgrades and improvements** within the Shed facility to address, for example, unsafe electrical, inadequate disability access or kitchen facilities, lack of storage
- Tools and equipment** that increase activities and interaction within the Shed, replace aged unsafe equipment, develop/improve facilities for members, enhance community projects

5. How do I access the documentation?

On Monday 19 October, the Application Form, Guidelines and other documentation will be available on the AMSA website

<https://mensshed.org/development-grants/>

6. How can I get assistance or advice?

If you have any questions about:

- The NSDP programme
- Eligible items
- Categories or
- The application process

Email amsa@mensshed.net

Example of Eligible Items Round 21

<p>Category 1 <i>Health and Wellbeing and Events</i></p>	<ul style="list-style-type: none"> • A health event that extends invitations to other Sheds within your region • Health related events specifically for members of the Shed such as guest speakers, information stands, education and training • Visits to other Sheds, field trips, monthly bus outings for members where they demonstrate <u>the visit meets the criteria for a 'Health and Wellbeing' event</u> • Computer and IT equipment and training- address connectivity, increase participation in online interaction and events • Fitness activities such as setting up a Shed gym, exercise programmes • Mental wellness programmes/activities such as meditation, relaxation, stress management, team building, resilience. <p>Webinars -programmes are also available on line such as managing emotions, stress management, staying connected Google 'wellbeing programs' or 'mental health and wellbeing programs'</p> <ul style="list-style-type: none"> • Equipment to address health and safety such as PPE, first aid, defibrillator, safety signs, fire extinguishers/blankets, Test and Tag • Training to address health and safety such as handling chemicals, Test and Tag, workshop occupational health and safety, OHS-Supervisors training, safe use of machinery, food handling, nutrition • Resources- manuals, brochures, books, DVDs
<p>Category 2 <i>Shed Improvements</i></p>	<ul style="list-style-type: none"> • Address health and safety <ul style="list-style-type: none"> - Dust extraction systems - Repairs to damaged roof, gutters and downpipes, windows - Installation of disability toilet, access/ramps, pathways, railings - Sealed disability vehicle parking bay - Electrical e.g. upgrade of mains board, installation of additional power points - Kitchen/bathroom/toilet installation or upgrades - Plumbing upgrades such as drainage, connections - Improved lighting - Improved storage facilities - Increased work space for Shed activities such as enclosing an outdoor space - Address extreme temperatures- cooling/heating - Outdoor concrete slab to create multi-purpose activities area - Rain water tank and pump
<p>Category 3 <i>Equipment</i></p>	<p>You must be able to substantiate that they are to be used to support regular Shed activities/interaction/fundraising/community work</p> <ul style="list-style-type: none"> • Tools for Men's Shed/community work activities such as Woodwork, metalwork, crafts, gardening, leatherwork, power tools, • Equipment such as Air compressor, raised garden beds, garden and grounds maintenance, trailer, • Equipment to develop/improve areas within the Men's Shed such as Kitchen microwave units, office computer, filing cabinets, cooking utensils, crockery/cutlery • Equipment related to health and safety such as Hygiene/cleanliness - bathroom paper towel dispensers, soap dispensers, hand dryers, mops, wet and dry vacs, brooms, buckets

A 'strong health, wellbeing or safety emphasis'

Health is a holistic concept which includes physical, psychological, emotional, intellectual and social wellbeing.

Health



The Men's Shed seeks to prevent sources of harm to health, improve participation in activities for those with illness or disability, educate and promote healthy life choices.

Wellbeing



The Men's Shed aims to provide a supportive environment that encourages conditions that are safe, satisfying and enjoyable, recognises that good health is essential to leading a productive and fulfilling life and promotes practising good all-round self-care.

Having good mental health, or being mentally healthy, is more than just the absence of illness- it's a state of overall wellbeing. The concept is influenced by culture but it generally relates to

- Enjoyment of life
- Having the ability to cope with and 'bounce back' from stress and sadness.

Physical safety



Physical safety involves compliance with legislation, industry standards and best practices by providing and maintaining safe work areas, equipment and systems of work.